Massachusetts-Grown Produce Availability Calendar

SEMAP
LOCAL FOOD · SUSTAINABLE FARMING
WWW.SEMAPONLINE.ORG

	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEP	OCT	NOV	DEC
FRUITS												
Apples												
Blueberries												
Cantaloupes												
Cranberries												
Grapes												
Peaches												
Pears												
Raspberries												
Strawberries												
Watermelon												
VEGETABLES												
Asparagus												
Beans, green												
Beans, mung												
Beets												
Bok Choy												
Broccoli												
Cabbage												
Carrots												
Cauliflower												
Celery												
Chard												
Corn												
Cucumbers												
Eggplant												
Garlic												
Leeks												
Lettuce & greens												
Mushrooms												
Onions												
Peas												
Peppers												
Potatoes, baking												
Pumpkins												
Radishes												
Scallions												
Spinach												
Sprouts												
Squash, summer												
Squash, winter												
Tomatoes												
Turnips												
OTHER FOODS												
Dairy, cheese & eggs												
Honey												
Maple syrup												
Meat & poultry												
Herbs												
PLANTS & FIBER												
Bedding plants												
Cut flowers												
Cordwood												
Lumber												
Wool												